

**Rice Lake Wrestling Club
PO Box 504
Rice Lake, WI 54868**

Dear Rice Lake Parents,

The Rice Lake Wrestling Club would like to take this opportunity to invite you and your child to consider joining our program. In a caring, supportive, and, most importantly, **FUN** environment, we take pride in teaching athletes in grades PreK-4 the proper wrestling techniques, while helping them develop a sense of self-discipline and positive self-worth.

Practice Information:

Practices will start January 2nd and run through March 7th

Grades Pre-K - 1: Every Tuesday, 5:30-6:15 pm

Grades 2nd - 4th: Every Monday and Thursday, 5:30-6:30 pm

Location: Rice Lake High School Wrestling Room (Door E1)

Forms: Registration, Waiver & Concussion Forms

Sign Up Dates: January 2-4

Time: 4:30-5:30

Place: High School Wrestling Room (Door E1)

Cost: \$20

If you are unable to attend the signup session, you may register prior to any practice night throughout the season. Please contact Victor Drost with any questions.

Contacts: Victor Drost (RL Wrestling Club President) Joe Lammers (Head Wrestling Coach)
rlwarriorsyouthwrestling@gmail.com 715.651.6905
715.559.0571

Please visit www.leaguelineup.com/ricelakewrestling then go to Forms/Handouts to print out and complete the registration forms and concussion forms. Please bring the completed forms to sign ups.

We look forward to seeing you soon!

Sincerely,

Victor Drost, Rice Lake Wrestling Club President, Joe Lammers, High School Head Coach



RICE LAKE PUBLIC LIBRARY'S



SEE



★ THE



READER!

A BEGINNING READERS BOOK CLUB

FIRST MEETING:

**JAN 9TH,
2024
4:00PM**

MEET THE AUTHOR!

STARTING IN JANUARY 2024, ON THE SECOND TUESDAY OF EACH MONTH AT 4PM BOOK CLUB ATTENDEES WILL READ AND DISCUSS ONE OF DAVID LAROCHELLE'S AWARD WINNING BOOKS DESIGNED FOR BEGINNING READERS. ON APRIL 2ND DAVID WILL JOIN US FOR AN AUTHOR VISIT, BOOK SIGNING, AND DRAWING WORKSHOP!

Small Changes, Big Differences

POSITIVE PARENTING PROGRAM

For Parents of Children 0-12 years old



Tuesdays January 16– February 6, 2024

Time: 9:00am-10:30 am OR

6:00 pm-7:30 pm

Cost: **FREE**

The Wisconsin Child Abuse and Neglect Prevention Board provided funding to support Triple P through UW-Extension

6 hours Registry Credit available for \$25.00

Registration: <https://go.wisc.edu/qytja0>



Use smart phone
camera to register

*Classes held online using
Zoom: join with computer,
tablet, or smartphone
without leaving home*

The Positive Parenting Program will provide parents, caregivers, educators, and child care providers with strategies to develop confident and healthy children, build strong family relationships, manage misbehavior, and prevent problems from happening in the first place.

This program is Facilitated Missy Bablick Human Development & Relationship Educators with UW Madison Division of Extension, Barron County. **For questions or to register via phone call Missy at 715-537-6254.**



An EEO Affirmative Action employer, the University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. If you require accommodations to participate in this programming, please call Missy at 715-537-6254 as soon as possible.

RICE LAKE DRIVER EDUCATION THEORY CLASS

*All classes held at Rice Lake High School, Room 131.

Spring 2024 In-Person Schedule | \$125

- Class ID#: 25173 | Monday/Tuesday/Thursday (3:30-6:30pm)
Class Dates: 3/4, 3/5, 3/7, 3/18, 3/19, 3/21, 3/25, 3/26, 3/28, 4/2, 2024
Make-up session: Thursday, April 4 (skip spring break week & 4/1).

Parents Please Note: The make-up session is only required for students who have missed one **excused** session. Students who miss two or more sessions will be dropped out of the class with no refund.

Spring 2024 Online Schedule | \$125

- Class ID#: 24722
Class Dates: January 22 - March 3, 2024
- Class ID#: 24725
Class Dates: March 4 - April 21, 2024
- Class ID#: 24729
Class Dates: April 22 - June 2, 2024

- ❖ Online class runs for six weeks; each week five units open, and students have until Sunday evening to complete the assigned work within open units.
- ❖ There is no set time a student needs to be logged in.
- ❖ Students need to receive a grade of 78% or higher to pass the class.

FOR
REGISTRATION
INFORMATION



715.234.7082 (option 4)



driversed@northwoodtech.edu

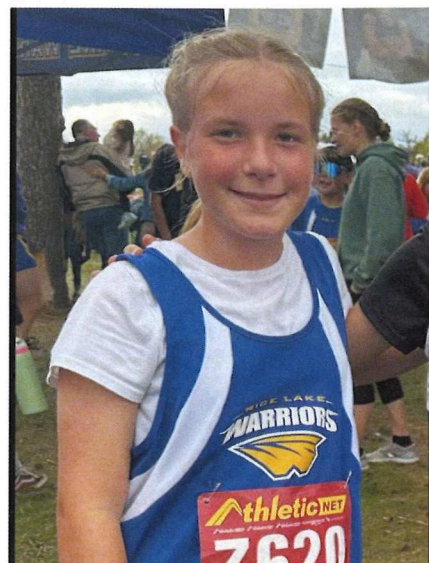


Northwood
Technical College

Northwood Technical College is an Equal Opportunity/Access/
Affirmative Action/Veterans/Disability Employer and Educator.

Donate Blood In Honor Of **Ava King**

Ava King was born prematurely and weighed only 3 lbs. Early in life, Ava was hospitalized often with low blood counts and frequent illnesses/infections. After extensive genetic testing, Ava was diagnosed with Diamond Blackfan anemia (DBA), a very rare bone marrow failure syndrome. Ava cannot produce red blood cells on her own. At almost 12 years old, she has received 75 blood transfusions as a life-saving treatment for her condition. To raise awareness for the need for blood, Ava's family is hosting a blood drive in her honor.



Blood Drive In Honor Of Ava King First Lutheran Church

15 East Sawyer Street

Friday, January 26, 2024
12:00 p.m. to 6:00 p.m.

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter:
Ava to schedule an appointment.



American Red Cross

redcrossblood.org | 1-800-RED CROSS | 1-800-733-2767

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Positive Solutions for Families

Positive Solutions for Families (PSF) is a FREE seven week series where parents and caregivers learn and discuss different strategies on using positive approaches to improve interactions with their child(ren). The program is designed to help to support children's social and emotional development and address challenging behaviors.

Overview of Topics

for parents
and caregivers
with children
ages 3-5

Session 1: Making Connection

Session 2: Keeping it Positive

Session 3: Behavior has Meaning

Session 4: The Power of Routines

Session 5: Teach Me What to Do

Session 6: Responding with Purpose

Session 7: Let's Make a Plan

Your Feedback is Needed!

We are looking for feedback on realistic times of the day and days of the week that work for families. Scan the QR code to take a short survey to help us better plan the Spring 2024 series of Positive Solutions for Families!

SCAN ME



Questions: Reach out to Cassandra Clark at
715-234-9007 ext. 5876 or clarkc@ricelake.k12.wi.us

Kinship

of Rice Lake & Cameron

Kinship of Rice Lake and Cameron is a non-profit mentoring program that matches adult volunteers with youth between the ages of 5 through 18, who are in need of an "extra caring" adult in their life to encourage and inspire them to reach their potential.

Our Mission:

Kinship of Rice Lake & Cameron provides children with healthy relationships, positive experiences, support, and understanding through the mentoring of an adult volunteer. We believe youth want to reach their highest potential and we can help them get there!

What is a Mentor?

A mentor is an adult volunteer who meets with a child, enrolled in the Kinship program, preferably once a week for one year one on one. Monthly group events are sponsored by Kinship for all the mentors and Kinskids to get together. Through this role-modeling relationship mentors often provide new interests, participate in fun activities, develop a hobby, and provide a community service.

Who Is Waiting for you?

We currently have four boys and two girls, and some of them have been waiting a while for just the right person to come along. Could this be you? The age range of youth who are waiting range between eight and fourteen..

January is Mentor Appreciation Month

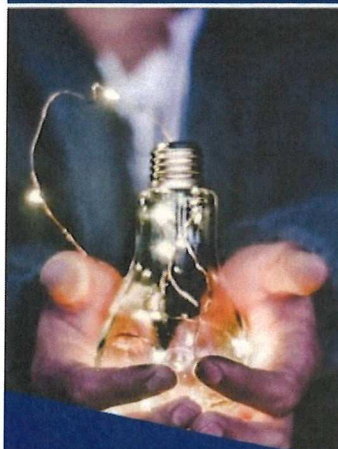
Want to know more about our program?

715-234-1995 Text 763-843-1069

www.ricelakekinship.com

35 W Messenger St, Rice Lake, WI

info@ricelakekinship.com



"The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves."

– Steven Spielberg



BARRON COUNTY
Wisconsin

PIERCE COUNTY
WISCONSIN

ST. CROIX COUNTY
Wisconsin

HIGH ACUITY FOSTER CARE RECRUITMENT

Pierce, St Croix, Barron and Polk Counties are seeking patient, committed and energetic families to become licensed foster homes to provide support and care to youth who are experiencing significant behavioral challenges.

24/7 High Acuity Qualifications

- \$3000/month in addition to state foster care rate
- At least one full time caregiver at home 24/7
- 2 adult household or extensive support system if single adult household
- Ability to be available for numerous meetings to assist and support youth placed in their home
- Valid Driver's license
- Eligible to become a licensed level 2 foster home

Respite High Acuity Qualifications

- \$150 daily rate
- 2 adult household or extensive support system if single adult household (preferred)
- Ability to assist with appointments if needed
- Must be able to meet Respite home requirements per your county.
- Valid Driver's license
- Eligible to become a certified Respite home



**All potential applicants should
contact Polk County Foster
Care Program**